Palos Verdes Peninsula Unified School District

USDA is an equal opportunity provider and employer.

You must pre-order and pre-pay for the full month. To insure your child receives a lunch, an order form must be filled out for your child every month.

Kindergarten & TK Sack Lunch is $3.50.

MENU ITEMS ARE SUBJECT TO CHANGE

Deadline for September Orders

September 8th

Please check the box for each meal ordered and total on the order form located on the back of this menu.

Turn this form in to your Cafeteria Manager

●Denotes Vegetarian Item ▲Denotes Pork Item

Sack Lunches are Kindergarten and TK Students at the following sites only:

Dapplegray

Lunada Bay

Rancho Vista

Soleado

THERE WILL BE NO SACK LUNCH ORDERS FOR KINDERGARTEN FOR THE FIRST 2 WEEKS OF SCHOOL

THIS SPACE IS INTENTIONALLY LEFT BLANK

Your go-to choice for hydration should be good old H2O. But foods like watermelon (of course), cucumbers, peppers, celery, cauliflower, tomatoes, and strawberries are all more than 90% water and can help you hydrate AND feel more full, too.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

WELLNESS IS A WAY OF LIFE!

Monday, September 12	Tuesday, September 13	Wed., September 14	Thursday, September 15	Friday, September 16
Turkey Rollups Carrot Sticks Apple Slices Choice of White (lf) or Chocolate (nf) Milk ☐	**ΔHam & Cheese Croissant** Celery Sticks Peaches Choice of White (lf) or Chocolate (nf) Milk ☐	**Turkey Bacon, Lettuce & Tomato Sandwich** Fresh Fruit Baked Chips Choice of White (lf) or Chocolate (nf) Milk ☐	**• Mini Pancakes w/ String Cheese** Peaches Baby Carrots Choice of White (lf) or Chocolate (nf) Milk ☐	**• Build Your Own Cheese Pizza** Applesauce Veggie Sticks Choice of White (lf) or Chocolate (nf) Milk ☐
Monday, September 19	**Tuesday, September 20**	**Wed., September 21**	**Thursday, September 22**	**Friday, September 23**
• Cheese Sandwich Peaches Cup Broccoli Florets Choice of White (lf) or Chocolate (nf) Milk ☐	**Chicken Tortilla Wrap** Mixed Fruit Cup Baby Carrots Choice of White (lf) or Chocolate (nf) Milk ☐	**Pasta Primavera w/Turkey & Corn** Breadstick Cinnamon Apple Cup Choice of White (lf) or Chocolate (nf) Milk ☐	**• Blueberry Waffle** String Cheese Fresh Fruit Cucumber Rounds Choice of White (lf) or Chocolate (nf) Milk ☐	**• Build Your Own Cheese Pizza** Applesauce Veggie Sticks Choice of White (lf) or Chocolate (nf) Milk ☐
Monday, September 26	**Tuesday, September 27**	**Wed., September 28**	**Thursday, September 29**	**Friday, September 30**
Turkey & Cheese Wrap Carrot Sticks Apple Slices Choice of White (lf) or Chocolate (nf) Milk ☐	**ΔHam & Cheese Croissant** Celery Sticks Peaches Choice of White (lf) or Chocolate (nf) Milk ☐	**Chicken Tortilla Wrap** Baby Carrots Fresh Fruit Choice of White (lf) or Chocolate (nf) Milk ☐	**• Mini Pancakes w/ String Cheese** Peaches Mixed Veggies Choice of White (lf) or Chocolate (nf) Milk ☐	**• Build Your Own Cheese Pizza** Applesauce Veggie Sticks Choice of White (lf) or Chocolate (nf) Milk ☐

TOTAL NUMBERS OF LUNCHES:

_____@ $3.50 = $_____

USE MY CHILD'S ON LINE MEALS PLUS ACCOUNT ____

OR MAKE CHECKS PAYABLE TO: PVPUSD Cafeteria Account

CHECK NUMBER _____

STUDENT NAME_____

SCHOOL_____

ROOM NUMBER_____

Every complete meal we serve comes with your choice of milk!